

Curriculum Vitae

Abd El, Muttalib Abd El, Qawi Abd El, Muttalib Moslehi

Assistant Lecturer/ Psychiatric Mental Health Nursing

Faculty of Nursing-Ain Shams University

Personal Information:

- Date of Birth: 14-2-1991
- Gender: Male
- Nationality : Egyptian
- Religion: Muslim
- Marital Status: Married
- Address:

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Qualifications:

- ✓ Doctorate's Researcher at the Faculty of Nursing, Ain Shams University, from September 2022
- ✓ Master's degree at the Faculty of Nursing, Ain Shams University, with an excellent grade, May 2022
- ✓ Bachelor of Science in Nursing, Faculty of Nursing, Ain Shams University, for the year 2014, with an excellent grade
- ✓ Diploma from the Technical Institute of Health in Benha for the year 2010 with an excellent grade
- ✓ Diploma from the Technical Secondary School of Nursing in Shebin Al-Kom for the year 2008 with an excellent grade

Publications:

- Hendy, A., El-sayed, S., Bakry, S., Mohammed, S. M., Mohamed, H., Abdelkawy, A., Hassani, R., Abouelela, M. A., & Sayed, S. (2024). The stress levels of premature infants' parents and related factors in NICU. SAGE Open Nursing, 10. https://doi.org/10.1177/23779608241231172_
- Abdelmouttelb, A. A., Mahmoud, S., Elewa, M., & Abdelsalhen, F. A. (2022). Relation between substance use craving and self -efficacy in addict patients. Ekb.Eg. Retrieved March 17, 2023, from https://ejhc.journals.ekb.eg/article_251533_7a928fa6b43dc30ac7af5a49c960 5e71.pdf

Professional Experience:

- Since June 2022 until now: Assistant Lecturer, Department of Psychiatric and Mental Health Nursing, Faculty of Nursing, Ain Shams University
- Since March 2022 until now: internal manager of Dar elhaya psychiatric Center.
- From June 2017 to 2022: Demonstrator, Department of Psychiatric Nursing and Mental Health, Faculty of Nursing, Ain Shams University
- From 1-10-2013 to 30-9-2014 : Internship training in the departments of operations and intensive care at Ain Shams University Hospitals and Ain Shams Specialized Hospital
- July 2009-June 2017: Supervisor and Director of Nursing at the Hospital of Psychiatry and Addiction Treatment in Shebin El Kom
- From June 2011 to November 2016 : Nursing Specialist at the Bone Marrow Transplant Unit at Sheikh Zayed Specialist Hospital

Training Courses :

- DBT Skills Training Program July 2024
- Scopus Content Selection Training webinar 22th May 2024

- Basics of Acceptance and Commitment Therapy Training Course June 2023
- Negotiation and Persuasion Skills Course June 2022
- Effective Presentation Skills Course June 2022
- Program "Law on the Care of the Mentally Patient No. 71 of 2009 and its executive regulations at the National Council for Mental Health" March 2022
- Scientific Writing Course December 2021
- International Publication Course December 2021
- Power Apps May 2021
- Creating the electronic course and the techniques of broadcasting presentations July 2020
- Digital Signature July 2020
- Question Banks Course October 2020
- Analytical Statistics Course 2020
- TOEFL TELP in 2020
- Scientific Research Course 2020
- Dealing with scientific references June 2020
- Electronic Exams April 2020
- Protection and security of information 13-2-2020
- Preparation of competitive research projects 11-7-2018
- Effective Teaching 11-7-2018
- Cardiopulmonary resuscitation at the Faculty of Nursing, Ain Shams University28-7-2019
- Cardio-Pulmonary Resuscitation at the Saudi Heart Association
- Classification of the Saudi Commission for Health Specialties 28-3-2017
- Training Program "Bone Marrow Transplantation" at Sheikh Zayed Specialist Hospital 12-10-2013

- Pulmonary Cardiac Resuscitation at Sheikh Zayed Specialist Hospital 18-11-2013
- ICDL Course from 1-7-2007 : 1-10-2007

Volunteer work and environmental and community health

- o Seminar "Strategies to Enhance Psychological Immunity" November 2021
- The comprehensive development convoy in Al-Asmarat neighborhood in 2021
- The 8th annual cultural festival for the environment at the Faculty of Nursing, Ain Shams University from 15:19-4-2018
- The 9th annual cultural festival for the environment at the Faculty of Nursing, Ain Shams University, from 7:9-4 -2019
- o Medical Convoys and Community Development 2010-2011
- Organizing the 5th and 2nd student conference for expatriates 2010-2011
- o Career Forum 2012-2013
- o Activities of the Cultural Committee 2010-2011
- o Student Skills Development 10:11-5-2011

Workshops:

- Lecturer at the "Advanced Psychiatric Treatment Modalities" Workshop 30-11-2022
- Attended at the workshop of "Mirror Therapy and Patients with Psychiatric Disorders" 28 November2021
- Participation in the "Stigma of Corona Virus" April 2021
- "Online Barriers in Psychiatric Nursing Education" Dec. 2020
- Lecturer in a workshop entitled "Violence among adolescents" at the Faculty of Nursing, Ain Shams University 26-11-2019

- Organizer of a workshop entitled "Cognitive Behavioral Therapy" at the Faculty of Nursing, Ain Shams University 10-12-2019
- Organizer of a workshop entitled "Stigma towards mental illness" at the Faculty of Nursing, Ain Shams University 17-12-2019
- Attending a workshop entitled "Psychological Adaptation and Life Stresses" 21-11-2018
- Attending a workshop entitled "Psychological Problems in Women" 11-10-2017

Conferences:

- Organizer of 16th Conference of Psychiatric Mental Department Faculty of Nursing Ain Shams University "Mental Health Challenges of the Contemporary Issues in Light of Current Conflicts" 3rd May 2023
- Attended 4th Conference of Psychiatric Mental Department Faculty of Nursing Menoufia University "نحو صحة نفسية متوازنة للشباب" October 2023
- Attended 15th Conference of Psychiatric Mental Department Faculty of Nursing Ain Shams University "Mental Health Priority within Environmental Challenges and Climate Changes" 3rd May 2023
- Attend 1st Psychiatry Conference of Menoufia University "Functional Magnetic Resonance Imaging in Psychiatry" October 20, 2022
- Attended THE 3RD ANNUAL CONFERENCE OF PSYCHIATRY DEPARTMENT FACULTY OF MEDICINE FOR GIRLS AL AZAHAR UNVERSITY "THE ART OF INTEGRATION" 4-5 November 2021.
- **4** The 9th International Conference of Ain Shams University April 2021
- The 13th Conference of the Department of Psychiatric and Mental Health Nursing "Toward Children Mental Health" April 2021

- Organizing and attending the conference "Towards Talking in Psychiatric Nursing " at the Department of Psychiatric Nursing and Mental Health, Faculty of Nursing, Ain Shams University 24-4-2019
- Attending the scientific day "Bullying and its psychological impact among school children" 13-11-2018
- Attending the 3rd International Conference at the Center of Psychiatry, Ain Shams University, "Child and Adolescent Mental Health"
- Attending the 14th International Conference at the Center of Psychiatry, Ain Shams University, "Advanced in Psychological Work"24:26-4-2018
- Attending the 15th International Conference at the Center of Psychiatry, Ain Shams University, "The latest innovations in the psychological field" 17:19-9-2019